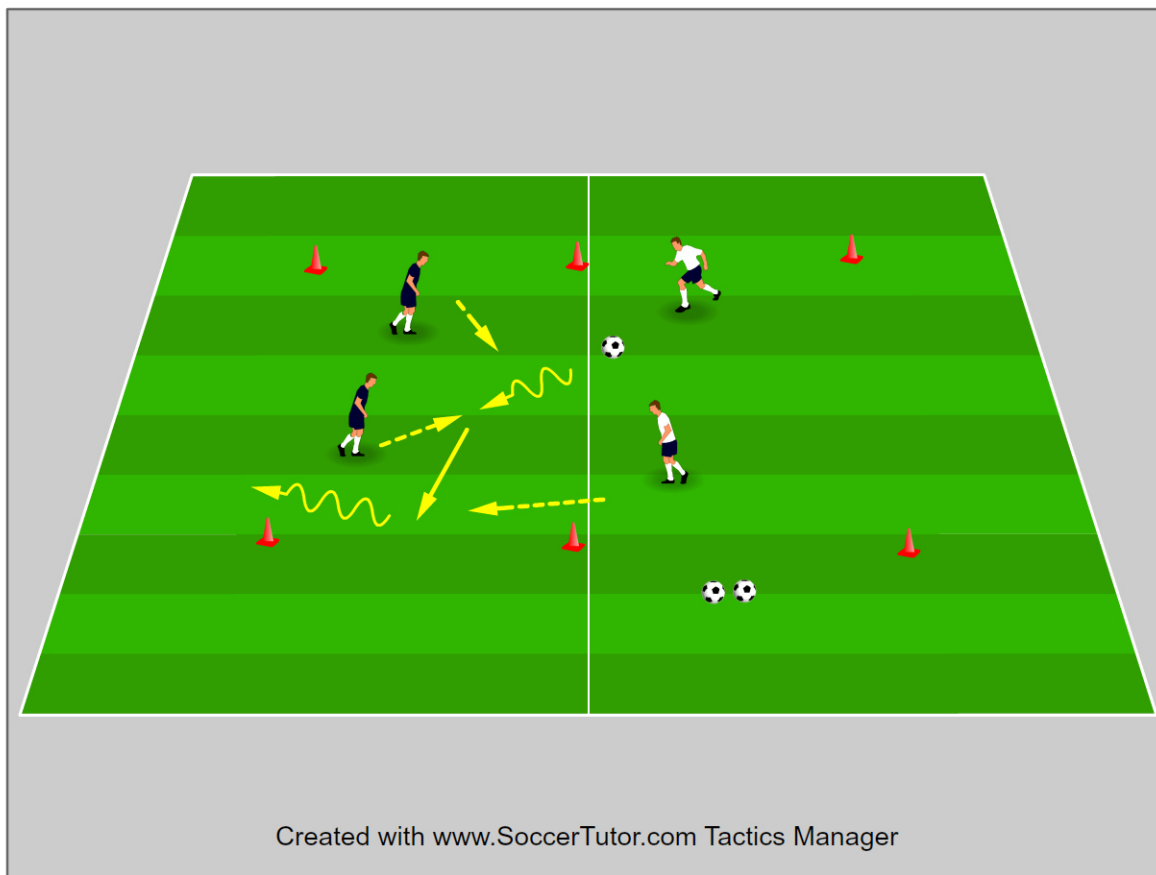


WSA 2v2 With 2 wide goals U11/U12



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|------------------|-------------|-------------------------|---------------|
| Date: | 22/Aug/2014 | Measurement: | 20 x 20 Yards |
| Time: | N/A:N/A | Players: | 4 |
| Duration: | 20 | Level/Age Group: | U11 - U14 |
- Description:** Playing field is about 12/16 yards wide and 15/20 yards long.
To score a goal the team in possession has to dribble the ball across the backline and control the ball just behind the goalline of the opposing team.
- We can introduce simple combination plays in this exercise as well (overlap/give and go).
Between the 1st and 2nd attacker; player with ball and supporting player.
- Objective:** Can the team in possession find an opportunity to create a 2v1 and exploit that advantage.
- Coaching Points:**
- 1 - Create a 2v1 by dribbling the ball to the other defender (2nd defender). He or she than has to chose between the ball carrier or the supporting player.
 - 2 - The supporting player needs to get open in a good angle and if possible in a wide area.
 - 3 - Quality of the passes (angle, weight, accuracy).
 - 4 - Good first touch in to space when receiving the ball
- Progression:** Instead of dribbling the ball across the backline you can set up 2 goals on each endline (4 in total) about 5/6 yards wide on each endline.
We can set up a 2v2 competition and divide all players in teams of 2.