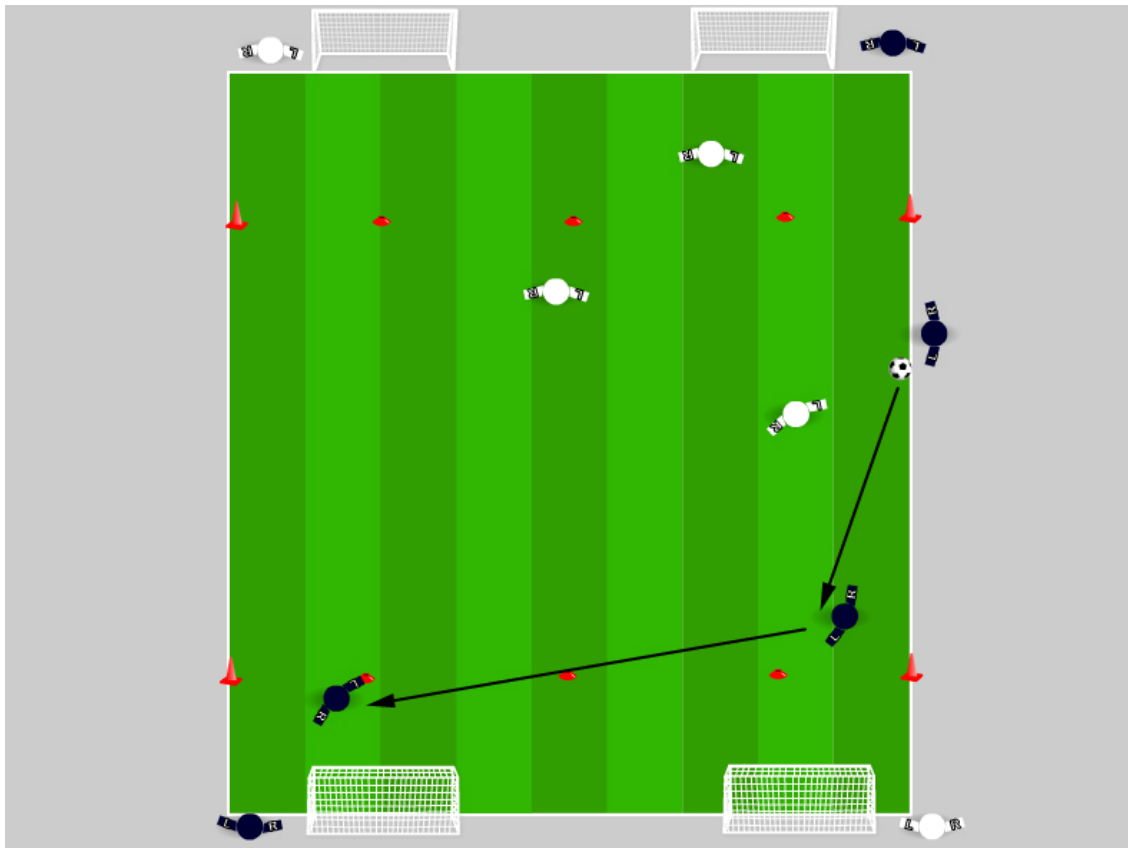




## 3v3 - Score on small goals diagonal across from each other



**Date:** 18/Sep/2015

**Measurement:** 30 x 30 Yards

**Time:** 08:30

**Players:** 6

**Duration:** 20

**Level:** U8 - U10

**Objective:** Do the players recognize which goal they should be attacking?

**Description:** The playing field is 30 yards long and about 22-25 yards wide. On each endline 2 small goals are set. A total of 4 goals is needed when setting up the field. On each end you set up a shooting zone 6-7 yards out of the endline. Players can only score when they get in to the shooting zone. In this set up teams can only score on the 2 small goals diagonally across from each other.

**Coaching Points:**

- 1 Team shape - use the width
- 2 Decisions on the ball - recognize when to dribble and when to pass
- 3 Angles of support - need to play in a triangle
- 4 Receive the ball facing the field
- 5 Accuracy/weight of passes

**Progression:** 3v3 - No restrictions