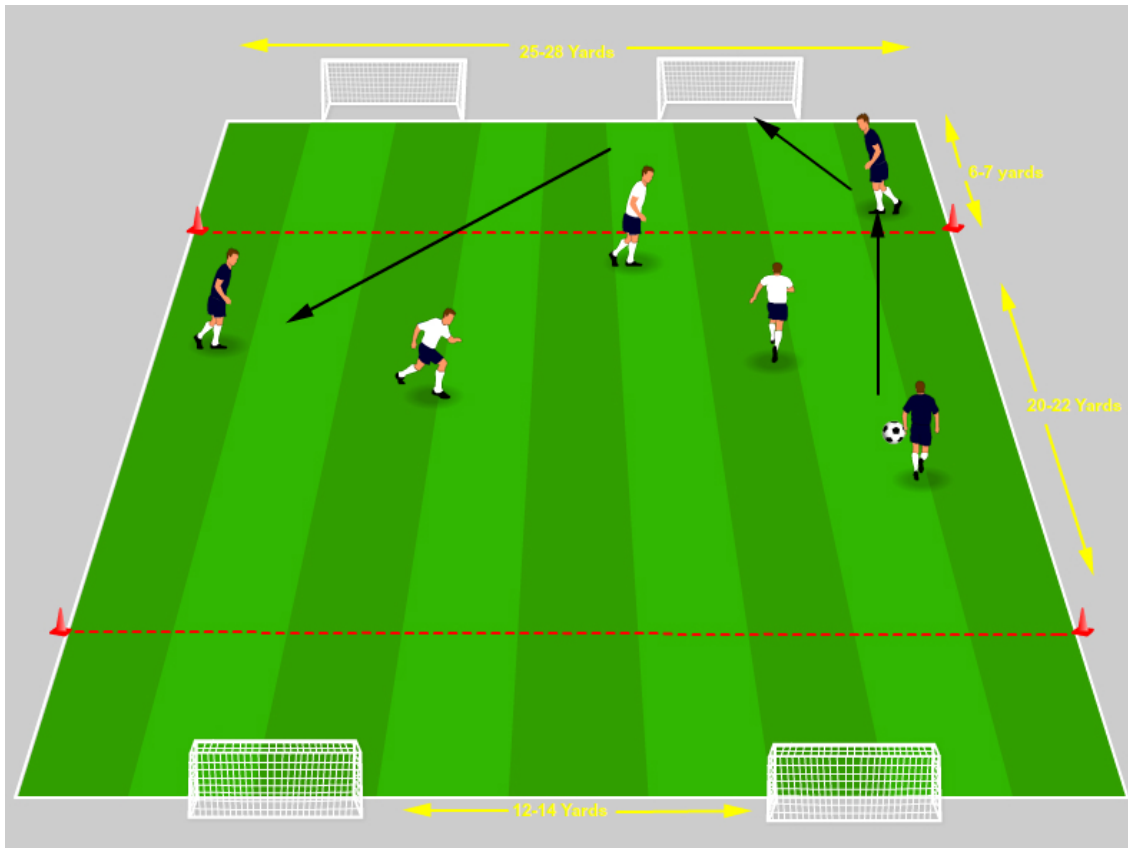




3v3 Mini Soccer - You Make It, You Take It



Date: 18/Sep/2015

Measurement: 30 x 40 Yards

Time: N/A:N/A

Players: 6

Duration: 20

Level: U8 - U14

Objective: Try to score as many goals in a row. Which team is able to score more goals in a sequence?

Description: Teams play 3v3 and have 2 goals to score on. The team that scores a goal, grabs the ball and can attack the 2 goals on the other side of the field.

Please note: players can not be pressured in the shooting zone after a team just scored.

Due to the change in rules players have to adjust to the constant changing environment around them. The transition is a big part of the game of soccer!

- Coaching Points:**
- 1 - Shape/Triangle
 - 2 - Make sure to be organized in possession and give your team mate options off the ball
 - 3 - Make sure you are able to cover each other in defense
 - 4 - Organize your team as soon as you switch sides.
 - 5 - In possession of the ball your team controls the speed of play

Progression: