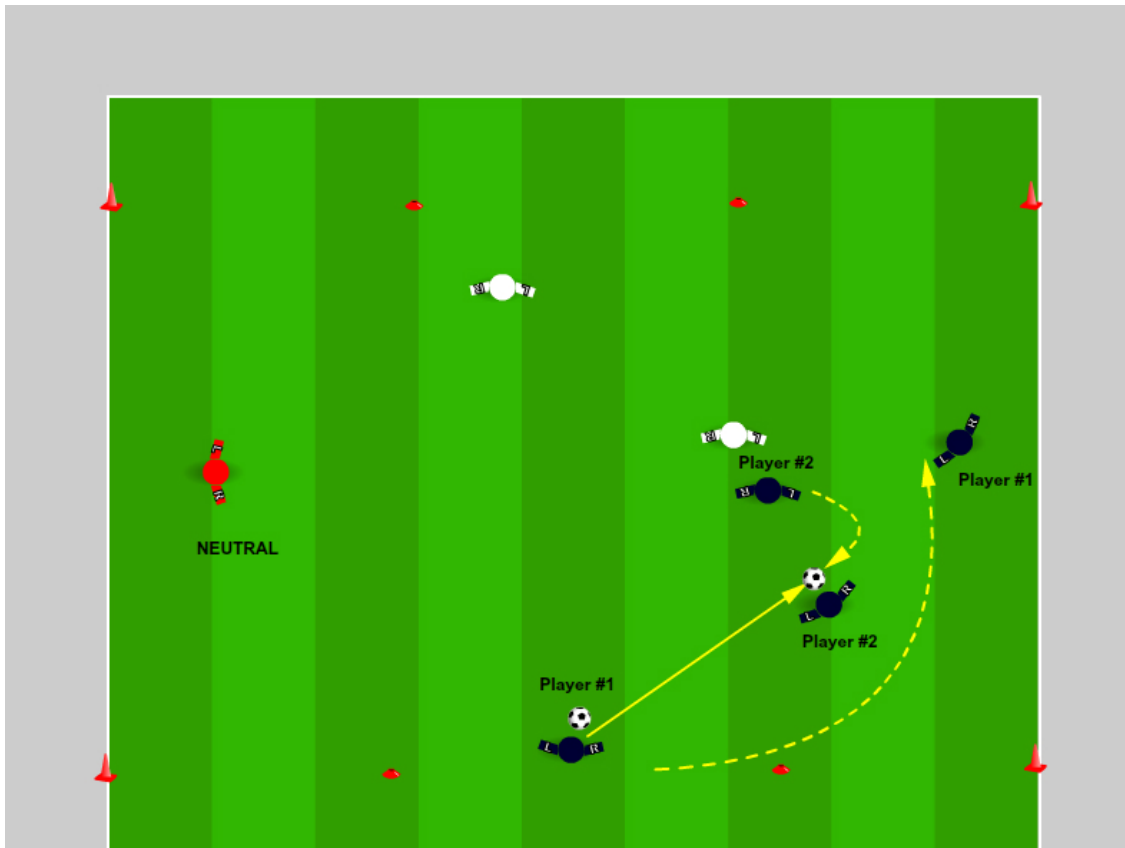




2v2 PLUS A NEUTRAL - Combination plays



Date: 23/Oct/2015

Measurement: 40 x 40 Yards

Time: 20:30

Players: 6

Duration: 20

Level: U11 - U14

Objective: Effectively use combination plays to penetrate in to the opposing teams endzone.

Description: Teams play 2v2, plus a neutral, on a field about 20c20 yards. Teams score by receiving a pass in the endzone of the opposing team.
Players can not enter the endzone ahead of the ball.

Start out with the ball as we did in the passing exercise.

Coaching Points:

- 1 - Player receiving the ball receives the ball sideways on
- 2 - Timing of the runs
- 3 - Quality of passes
- 4 - Shape/organziation in offense
- 5 - Constant support for the player on the ball

Progression: Start with ball where ever the ball went out of bounce
Go to 3v3 plus a neutral.